

While i only have been on my initial consultation with Dr. Berstein, I am thoroughly convinced this is what i have been searching for, the help i desperately need. Not only was his staff super helpful and friendly, the atmosphere of the office was very welcoming and comfortable. Not like any of the other doctor or medical offices I have been in before. Dr Berstein and his intern listened and looked at me. The tests he performed to try and decide where my issues were stemming from were amazing and seem already to be accurate to me. I look forward to going back and starting the process of healing and feeling as i should! Thank you for giving me hope!!

★★★★★ by Elizabeth Black on 2016-09-13

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Excelente atencion desde que inicio la consulta, muy profesionales y cuidadosos con el tratamiento e indicaciones

★★★★★ by Mason Lonewoof on 2016-09-11

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★★★★★ by Karen Haney on 2016-07-10

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It was a great experience, thorough and informative. All the staff is customer focused. Diane, his assistant gave step by step explanations as to what to expect for each area of testing and Dr. Bernstein was the same. His explanations as to the benefits and how the testing worked was easy to understand.. I felt very comfortable during the complete appointment.

★★★★★ by Jacqueline Dieckhaus on 2016-07-01

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I called to schedule my first appt. which will consist of testing and initial evaluation. Diana the customer service person was extremely informative, a good listener and very pleasant to speak with.

★★★★★ by Jacqueline Dieckhaus on 2016-06-24

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What I like about how Dr. Bernstein practices is that he gets to the root cause of the problem.

★★★★★ by Judy Williams on 2016-05-16

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Would definitely recommend dr Bernstein as he is knowledgeable and willing to help you transform your health.

★★★★★ by Anon on 2016-05-12

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Very satisfied with the level of care and treatment at the Advanced Wellness Center.

★★★★★ by Sam Neisner on 2016-05-04

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the root of the problem and working to fix them in a natural way. We love him and can't speak more highly of him and the office staff!

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Advanced wellness is like family to me. They are always supportive not only in my medical issues but through difficult times dealing with stress & anxiety Dr. Bernstein's God Breathing CD, helped me through a very scary medical situation and the results were very good. I have been going to him for over 10 years and couldn't be happier.

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It was only my first time here. But everyone was very attentive and kind! You can tell that they really do care!

★★★★★ by Joann Lopez on 2016-04-21

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I only had one session at AWC so far, and my experience was excellent. I had a very thorough evaluation and the staff and Dr. Bernstein are very kind people. I received a quick chiropractic treatment with great result. Also, although I could only start taking my new supplements at night - recommended by Dr. Bernstein - I have experienced a significant improvement the next morning. My body was a lot less stiff, I could actually walk out from my bed instead of crawling - as I did in the last over a year. I highly recommend AWC for everyone who is looking for healing from the core.

★★★★★ by Csilla Simon on 2016-03-30

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As always when I visit Advanced Wellness I feel like they are like family to me. Going through difficult times and all are so supportive and my appt ends with Dr B and Linda praying for me. So comforting being there. Love and blessings to all my family at Advanced Wellness.

★★★★★ by Anon on 2016-03-24

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★★★★★ by Helen Haywood on 2016-02-14

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I have to say, in the past I had severe issues with my back. Advance Wellness Center was instrumental in re-leaving my pain. I no longer have pain thanks to AWC. I have recommended several friends whom have all been satisfied, and are now doing much better. It is hard to find a good

Chiropractor, but when you do it's wonderful. I highly recommend Advanced Wellness Center. Thank you, Carol Beaudoin

★★★★★ by Carol Smith on 2016-01-25

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Everyone at Advance Wellness Center is awesome. The staff is very friendly and helpful. They all genuinely care about your wellbeing. Dr. Bernstein always takes time to listen to your concerns and never rushes through an appointment. When I started going to Dr. Bernstein, I was allergic to so many basic things found in most food. It was extremely difficult to eat out and have more than a plain salad with no dressing. After a couple months of treatment I went into Whole Foods to the hot bar and realized I had my choice of almost everything there without any worries of it making me sick. I nearly cried. Dr. Bernstein has simplified my diet. No more lugging snacks and food with me when I think I am going to be away from the house more than a couple of hours.

★★★★★ by Yolonda Smith on 2016-01-21

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Since I have been going to the Advanced Wellness Center the care has been outstanding. The knowledge that the Dr. Bernstein has in treating his patients is excellent. I haven't felt this good in three years. The office is run professionally and courteously. I highly recommend Advanced Wellness Center for all your health needs.

★★★★★ by Oksana Horton on 2016-01-20

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Our family lives in the Northeast. We were here visiting family in Florida when my son who has Celiac Disease got sick. My cousin who is a patient recommended that we see Dr. Bernstein. We think Dr. Bernstein has really helped him by identifying all of his sensitivities. The staff was delightful and a pleasure to deal with especially during such a trying time for our family. We will come back to Florida on a regular basis to be under Dr. Bernstein's care. We thank him and his staff from the bottom of our hearts. God bless!

★★★★★ by Jake Richman on 2016-01-15

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I was a client at the Advanced Wellness Center more than a decade ago prior to relocating to another state. After becoming ill with ailments unlike those I had previously experienced I decided to return to benefit from Dr. Bernstein's unique, capable and honest approach. As before I expected to receive nutritional and physiological care that would enable my body to reach peak performance. Once again I am pleased because his rare and innovative performance has allowed me to experience a diminished need for care takers and supportive services. As I measure my steady improvement I maintain reason to believe that his integrated care plan for me that addresses my medical, nutritional, emotional and social needs will continue to result in my body's ability to function with a far better quality of life along with maximized independence. Unlike standard medical intervention, Dr. Bernstein, assesses the root cause of disease, how its progression affects the body and from there determines how to address ailments. I am grateful for his knowledge of how to reverse and block illness, his shared perception concerning the far reaching benefits of organ exercises and his concern. I appreciate the staff for their skill and courtesy. I am fortunate that my family is aware of the Advanced Wellness Center's key to my health. It is for this reason that they support my decision to maintain a clear vision concerning my body's need for proper management at the Advanced Wellness Center.

★★★★★ by Celia Williams on 2015-12-20

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Lovely staff and Dr. Bernstein is always "spot on"!

★★★★★ by Kim Marsch on 2015-12-08

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Holistic doctors like Dr David are greatly sought out these days, especially ones who are honest and who want to see healing in their patients, like Dr. David. I read an article online saying that most primary Care physicians just arent able to diagnose ailments like they used to either because they are overwhelmed with too many clients or because they dont have the same extensive background in diagnosing and treating illnesses. Im excited about seeing a doctor whom I know will take the time to get me the superior treatment I need. This office cares about you an their follow up is unquestionably fantastic. michelle gold

★★★★★ by Michelle Gold on 2015-11-30

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Easy to schedule appointment, office environment is very clean and comfortable, the doctor and staff are friendly and courteous, waiting time to see the doctor is between 10-15 minutes. Dr. Bernstein spend appropriate time to listen and answer questions and explain. I have a high level of trust in his decisions. He is excellent in what he does in helping his patients to live a healthy life.

★★★★★ by Victoria Easton on 2015-11-12

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★★★★★ by Cynthia Rodriguez on 2015-11-09

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Wonderful experience at advanced wellness center. I was beginning to lose hope as I went to over 15 doctors for help with some health concerns that were not being understood by almost every doctor. They would send me to someone else, then DR Bernstein was placed in my path and the past 6 months has changed my life, how I feel, and we have overcome obstacles that I thought were lifelong. Thankful for the staff and for the knowledge and support! Go check him out!

★★★★★ by Taryn Allen on 2015-10-31

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Dr. David M. Bernstein is fantastic, his synergistic approach towards health is remarkable, we feel better, we look better our whole look on life is better, thank you Dr. B. for taking care of our family. We also like to thank the whole staff of The Advanced Wellness Center. Many Thanks.

★★★★★ by Laura Armenis on 2015-10-30

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Dr. Bernstein and his staff listens, analyzes, treats and cures. They manage to get me in on my schedule and see me promptly. I highly recommend Advanced Wellness Center for anyone wanting to attain optimum health.

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I have been coming to Advanced Wellness Center for about 5 years, and really appreciate both the expertise and the caring manner of Dr. Bernstein and his staff! Many times, a health issue will be targeted and resolved way before lab results show the same thing, or a more "in the box" doctor will discover it. It is amazing to me to watch the digital response technique that Dr. Bernstein uses to show exactly where in my body the energy flow is blocked, and then listen to and apply the supplements and/or other lifestyle changes needed to get the energy flowing again. Over the years I have grown to trust this office, and love the friendly family-like atmosphere at AWC. I plan on continuing here for years to come!!

★★★★★ by Carol Bradford on 2015-10-28

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I enjoy our visits to Advanced Wellness Center. The staff is very caring. We are taking our 4 year old for treatments. We have seen improvement in a difficult situation. We are continuing to visit regularly. They will pray with and over your illness.

★★★★★ by Shawn Erdek on 2015-10-27

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I was referred to the office by a friend when I ran out of options in the medical field as to why I was so sick. Dr. Bernstein is a wonderful healer and the staff members are also testimonials to his success in treating all health issues. After the first few visits I was back on track and can say I am much healthier today. Thank you Advanced Wellness Center.

★★★★★ by Kim Marsch on 2015-10-27

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Dr Bernstein and his staff are thoughtful, caring people who genuinely listen, so rare in a health care facility. Wait times are minimal, good value for financial outlay in the lengthy amount of time spent per patient and patient feedback is welcomed and encouraged, again, not the norm. I had been to many "conventional" doctors who barely heard my complaints and tried to send me on my way with a cornucopia of prescription meds. I believe in finding the cause of a problem rather than just treating the symptoms. Glad I found them and I very much appreciate all they are doing to attempt to get my life back to normal.

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It was great seeing you all again after many weeks away "in exile". I look forward to starting anew next month with my visits with Dr. Bernstein. Until then, blessings to you all.

★★★★★ by Helen Haywood on 2015-07-14

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My appointments with Dr. Bernstein and all his team (family), are so comforting and they are like family to me. No matter how busy they are they always make you feel special and add a personal touch to the experience. It is like the days long ago when your doctor took the time to know you and genuinely cared about you. A kind word is the perfect remedy to make your day better. I always leave my appointment feeling better in mind, body and spirit.

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I think Advanced Wellness Center is much too expensive!!! The DRT was very interesting, however, I don't intend to pay another \$175 to get how the results affect me. THE RESULTS SHOULD HAVE BEEN INCLUDED IN THE FIRST VISIT. Also, The ZYTO, which is listed on the sheet as part of the first visit was not used on me. How does the ZYTO differ from the DRT? I don't feel I gained anything from my visit. I feel I need something for the high cost of my first visit!

★☆☆☆☆ by Judy Merrell on 2015-06-18

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Offered a method of solving my current problem that seems superior to the analysis from others I have been having.

★★★★★ by Robert McKay on 2015-06-02

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★★★★★ by Gabrielle Dallas on 2015-04-15

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Love Dr. Bernstein and his staff! Have been a patient for 10 years now. Both my husband and I appreciate his caring ways. He is a professional. He is very talented and anointed!

★★★★★ by Kirk Kyle on 2015-04-07

Love Dr. Bernstein and his staff! Have been a patient for 10 years now. Both my husband and I appreciate his caring ways. He is a professional. He is very talented and anointed!

NPS:

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Dr. Bernstein is the best! He gets to the root of the problem quickly. He knows what he is doing! He has treated myself and my kids and are very pleased with the results. The office staff is very kind and friendly as well. No more regular medicine, holistic is the way to go!

★★★★★ by Gabriella Kelz on 2015-04-03

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NPS:

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The staff is very efficient and the office runs smoothly. I have never had to wait more than 5 or 10 mins. Dr. Bernstein is amazing and after only 4 weeks I am feeling better and many of the issues I was dealing with are almost healed.

★★★★★ by Joyce North on 2015-03-31

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NPS:

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Have been a client for over 15 years.

★★★★★ by Sam Neisner on 2015-03-29

Have been a client for over 15 years.

NPS:

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You service is also great and I feel at home there. God Bless

★★★★★ by Eva Morris on 2015-03-26

You service is also great and I feel at home there. God Bless

NPS:

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We had a great experience! Dr Bernstein and the staff work to find the root of the problem and help to make you feel better.

★★★★★ by Gabriella Kelz on 2015-03-24

We had a great experience! Dr Bernstein and the staff work to find the root of the problem and help to make you feel better.

NPS:

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Excellent service from the doctor and his staff. Best place to get healthy.

★★★★★ by Victoria Easton on 2015-03-21

Excellent service from the doctor and his staff. Best place to get healthy.

NPS:

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Excellent

★★★★★ by Idania Echevarria on 2015-03-17

Excellent

NPS:

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Awesome, I fee great now!

★★★★★ by Maria Long on 2015-02-14

Awesome, I fee great now!

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They were able to fit my infant son in right away and help him! We had such a great experience and are excited to go the natural way to help my son.

★★★★★ by Jace Kelz on 2015-02-14

They were able to fit my infant son in right away and help him! We had such a great experience and are excited to go the natural way to help my son.

NPS:

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My recent experience with the Advanced Wellness Center was an excellent one -- as usual! I was given the time necessary to review various health matters of concern and was treated with the doctor's expert knowledge as well as patience, kindness and by the doctor and his staff. I am felling so much better and cannot stress enough the importance of alternative health treatment.

★★★★★ by Anon on 2015-01-26

My recent experience with the Advanced Wellness Center was an excellent one -- as usual! I was given the time necessary to review various health matters of concern and was treated with the doctor's expert knowledge as well as patience, kindness and by the doctor and his staff. I am felling so much better and cannot stress enough the importance of alternative health treatment.

NPS:

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Excellent customer service. Doctor and staff are friendly and knowledgeable. Products are a great alternative to traditional medication. I will pass on the information to Family and friends.

★★★★★ by Marilyn Evanisko on 2015-01-25

Excellent customer service. Doctor and staff are friendly and knowledgeable. Products are a great alternative to traditional medication. I will pass on the information to Family and friends.

NPS:

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Dr. Bernstein very knowledgeable and staff always helpful.

★★★★★ by Sam Neisner on 2015-01-21

Dr. Bernstein very knowledgeable and staff always helpful.

NPS:

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Dr. Bernstein is a absolute miracle to our family!! Our daughter contracted somehow someway MRSA at 8 mths old and it was a parents worst nightmare ! She would get it back every 4 months we've tried everything !!! By the grace of God we were referred to dr. Bernstein by a friend that swears by him . I questioned what he did and not to mention he was 4 hrs from us . I'm a mother that tried everything I was mentally exhausted from it , I just wanted my daughter to not have this ! Well we made a appointment with DR. Bernstein and got in the following week . He did testing & put a regimen together for her and she has been MRSA free and healthy:-)))) I'm so thankful for God leading us there .. Thank you Dr. Bernstein!!!

★★★★★ by Sophia Penney on 2015-01-20

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nightmare ! She would get it back every 4 months we've tried everything !!!
By the grace of God we were referred to dr. Bernstein by a friend that swears by him . I questioned what he did and not to mention he was 4 hrs from us . I'm a mother that tried everything I was mentally exhausted from it , I just wanted my daughter to not have this ! Well we made a appointment with DR.Bernstein and got in the following week . He did testing & put a regimen together for her and she has been MRSA free and healthy:-)))) I'm so thankful for God leading us there .. Thank you Dr.Bernstein!!!

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Choosing an alternative health care provider is not to be taken lightly. The doctor treats the whole body therefore the patient must be willing to participate in his/her care to make it a positive experience. The care that Dr. Bernstein and his staff provides is truly caring, thoughtful and healing - head to toe. The office is genuinely interested and supportive in their patients' well being. Consider Advanced Wellness Center on your path to healthy living.

★★★★★ by Wendy Frank on 2015-01-15

Choosing an alternative health care provider is not to be taken lightly. The doctor treats the whole body therefore the patient must be willing to participate in his/her care to make it a positive experience. The care that Dr. Bernstein and his staff provides is truly caring, thoughtful and healing - head to toe. The office is genuinely interested and supportive in their patients' well being. Consider Advanced Wellness Center on your path to healthy living.

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Dr. Bernstein-one of a kind-great doctor, great person, great staff.

★★★★★ by Karen Guberman on 2015-01-15

Dr. Bernstein-one of a kind-great doctor, great person, great staff.

NPS:

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It's always a very pleasant experience to come to the office & I always feel so much better from the treatments.

★★★★★ by Laura Edwards on 2015-01-12

It's always a very pleasant experience to come to the office & I always feel so much better from the treatments.

NPS:

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I have been seeing Dr Bernstein and staff for decades. I still see familiar faces on both sides of the desk, which is testament to the fact that everyone at Advanced Wellness Center is dedicated and devoted to excellent health care, and patients well being. I have recommended Dr. Bernstein to friends, relatives, and strangers. I would highly recommend him to you, too. I have never found any other methodology or system of treatment that was more reliable, and effective as the treatment consistently provided by Dr. Bernstein.

★★★★★ by Lorraine Marks on 2014-12-18

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Excellent service!!!excellent and fast results!! Just amazing healing!!

★★★★★ by Jamilexa Matias on 2014-12-13

Excellent service!!!excellent and fast results!! Just amazing healing!!

NPS:

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It's always a pleasure you for a visit. The people are so positive and uplifting.

★★★★★ by Anon on 2014-11-18

It's always a pleasure you for a visit. The people are so positive and uplifting.

NPS:

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Great! I'm looking forward for my next appointment.

★★★★★ by Steven Mendelson on 2014-11-14

Great! I'm looking forward for my next appointment.

NPS:

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I have been going to Advanced Wellness for over 5 years and will continue to forever! They have helped me with every health problem I have ever had. From back pain to stomach issues to overall wellbeing, there is no one better than Dr. Bernstein. He and his staff are absolutely wonderful and I always look forward to going there. Thanks for always making me feel better!

★★★★★ by Tiana Thayer on 2014-11-13

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As always a great visit & feeling so good when I leave. Staff & of course, Dr. B. make me feel as if I'm home.

★★★★★ by Laura Edwards on 2014-11-11

As always a great visit & feeling so good when I leave. Staff & of course, Dr. B. make me feel as if I'm home.

NPS:

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Very friendly, efficient and professional.

★★★★★ by Richard Marks on 2014-10-15

Very friendly, efficient and professional.

NPS:

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Awesome! I dont have to suffer my acid reflux anymore, no more pain.

★★★★★ by Maria Long on 2014-10-14

Awesome! I dont have to suffer my acid reflux anymore, no more pain.

NPS:

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Dr Bernstein is a vessel from God. I truly believe is he has the ability to help with healing of the body. He has done amazing things for my body when no one else had answers for me. The staff is awesome personable and very caring the treat like you a part of the family. Can not recommended them highly enough.

★★★★★ by Liz Bossert on 2014-10-14

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My visits to ADVANCED Wellness have always been helpful and the staff is very efficient and friendly. When I need to order products to be sent to me, they're always sent in a timely manner and in good condition. I have recommended Dr. Bernstein and staff to many people because they truly helped me with my physical and spiritual needs.

★★★★★ by Judi Buller on 2014-10-09

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NPS:

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As always, your care was with some of the highest level excellence I could hope to have! Thank you, thank you, thank you! Sincerely, Fran Jacobs

★★★★★ by Fran Jacobs on 2014-09-30

As always, your care was with some of the highest level excellence I could hope to have! Thank you, thank you, thank you! Sincerely, Fran Jacobs

NPS:

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SUPER GREAT. CAN'T WAIT FOR A RETURN VISIT.

★★★★★ by John Bolus on 2014-09-13

SUPER GREAT. CAN'T WAIT FOR A RETURN VISIT.

NPS:

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I feel confident that Dr. Bernstein and his staff have my healing as their ultimate goal. Everyone is very caring and spend time with you so you totally understand what is happening.

★★★★★ by Anon on 2014-09-12

I feel confident that Dr. Bernstein and his staff have my healing as their ultimate goal. Everyone is very caring and spend time with you so you totally understand what is happening.

NPS:

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Advance Wellness is an amazing place. It provides such an honest and welcoming environment that it would make any person feel right at home. The professionalism of the staff is amazing. Being under the care of Dr. Bernstein has really turned my life around. I am left without words at how grateful I am for having found such a remarkable place with extraordinary people.

★★★★★ by Jose Echevarria on 2014-09-12

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NPS:

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Been a patient for many yrs, & have always been most satisfied with the courtesy & friendliness of the staff & of course, Dr. Bernstein's excellent care. Am most grateful for everyone always being there for me. Laura

★★★★★ by Laura Edwards on 2014-09-11

Been a patient for many yrs, & have always been most satisfied with the courtesy & friendliness of the staff & of course, Dr. Bernstein's excellent care. Am most grateful for everyone always being there for me. Laura

NPS:

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Always exceptional service.

★★★★★ by Jacqueline Nunez on 2014-09-04

Always exceptional service.

NPS:

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Dr. Bernstein and staff are excellent.

★★★★★ by Sam Neisner on 2014-09-04

Dr. Bernstein and staff are excellent.

NPS:

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Definitely a five star visit once more with lots of answers for my health problems and an atmosphere of caring and healing that warms my spirit. God bless you all.

★★★★★ by Helen Haywood on 2014-08-22

Definitely a five star visit once more with lots of answers for my health problems and an atmosphere of caring and healing that warms my spirit. God bless you all.

NPS:

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Advanced Wellness Center is very clean and quiet. I found the administrative staff and nurses very helpful and professional. Waiting time was good. Dr. Bernstein was pleasant and professional. I'm very much a believer in not using conventional medication when I can so it was important to me to find someone who could understand that, which Dr. Bernstein and his team do. My actual ailment, though, was not even looked at which surprised me. I was asked to put my hand on a sort of large hand 'mouse' while my whole body was scanned a few times, impressive; but the results were not explained to me and when I asked for clarification it didn't seem like anyone really knew how to read the results. In addition, the patent device used by Dr. Bernstein to 'read' my body ailments while holding my little finger and thumb together, well, I don't know, I might be wrong and maybe it really does 'read' the body, but it was obvious that after a while my little finger would get numb and weaker holding it in the same way for a long time. On the whole it was a pleasant experience. The herbal medication is expensive.

★★★★★ by Anon on 2014-08-22

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NPS:

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I only went to pick up something. The ladies behind the desk were very helpful and informative.

★★★★★ by Anon on 2014-08-07

I only went to pick up something. The ladies behind the desk were very helpful and informative.

NPS:

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Thanks for all you do!

★★★★★ by Sharon Chatlos on 2014-07-12

Thanks for all you do!

NPS:

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As always my experience was Excellent!! I really appreciate all the healing help I get!!

★★★★★ by Carol Lockwood on 2014-06-27

As always my experience was Excellent!! I really appreciate all the healing help I get!!

NPS:

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Advanced Wellness Center has been of great service and benefit to me with my health needs for almost 20 years and I continue to bless them for their Godly ways. Dr. B is very patient, determining my needs and then giving solutions that work. I'll continue to trust him and his staff for helping me as I age and have different needs because they're honest and do what's right for their patients.

★★★★★ by Judi Buller on 2014-06-26

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I telephoned to re-order my old-time favored 3 cleansing teas. New and improved updates were introduced and explained and I was given options. As usual, I was treated royally.

★★★★★ by Manley Farquharson on 2014-06-25

I telephoned to re-order my old-time favored 3 cleansing teas. New and improved updates were introduced and explained and I was given options. As usual, I was treated royally.

NPS:

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Dr. Bernstein and his entire staff are awesome! They are compassionate people who serve their patients with great care, concern and dedication. I have been a patient for approximately 13 years and depend on Doctor Bernstein's abilities in healing me from a simple cold to hair loss, gut issues and muscular problems. Dr. Bernstein has taught me so much about the importance of eating properly to remain healthy and disease free. His DRT method of diagnosing health issues has proven itself over and over again. He is one of a kind and a true pioneer in the Functional Medical field. I pray for this practice as I don't know what I'd do without it!

★★★★★ by Anon on 2014-06-17

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Very relaxing atmosphere.. Friendly staff. Dr. Bernstein is patient and understanding. Love this place.

★★★★★ by Lisa Costello on 2014-06-14

Very relaxing atmosphere.. Friendly staff. Dr. Bernstein is patient and understanding. Love this place.

NPS:

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**Caring, courteous, accommodating, knowledgeable staff
Amazing, knowledgeable, interested, concerned, supportive
Doctor**

★★★★★ by Wendy Frank on 2014-06-12

Caring, courteous, accommodating, knowledgeable staff Amazing, knowledgeable, interested, concerned, supportive Doctor

NPS:

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**Thank you Dr. Bernstein for helping me feel alive again and I have less pain, I had several medical issues that I had visited my regular physicians and was taking prescriptions that did not help me feel better. After visiting you, I changing my eating habits by eliminating certain foods from my diet and the way I prepared them and started taking the supplements you recommended which has made a great change in the way I feel.
Fannie A**

★★★★★ by Fannie Ayong on 2014-06-06

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the doctor and the staff are caring of their patients. They are efficient and effective. The are polite and friendly.

★★★★★ by Candy Garcia on 2014-06-06

the doctor and the staff are caring of their patients. They are efficient and effective. The are polite and friendly.

Suddenly I developed severe joint pain and inflammation in my hands, knees and feet. My doctor referred me to an Orthopedic doctor who put me on prednisone and sent me to a Rheumatologist who was 99% sure I had Rheumatoid Arthritis and put me on strong medications, even though the blood work for arthritis came back negative. Previous to these problems, I have always been very healthy and took natural supplements for colds, flu, etc. so I did not want to continue to be on strong drugs that I knew would be harmful to my health in the future. After a few months of various doctors wanting to diagnose my problems with harmful drugs, with no relief with the swollen hands/feet (I couldn't make a fist and could barely hold my toothbrush in the morning, and the medications they had me on were keeping me awake, so along with the pain, I was losing sleep), a friend told me about Dr. Bernstein. I finally felt like there was a light at the end of the tunnel. Dr. Bernstein's intention is to find the CAUSE of the problem, not cover it up with drugs. It's amazing the improvements I have experienced since seeing Dr. Bernstein. My hands are no longer swollen, and my joints are 99% better. Most of my problems were caused by foods I thought were healthy (Gluten - wheat, oats, and many others). My appointments are always pleasant with everyone at Advanced Wellness; they are like family to me and they really care!! I would highly recommend Dr. Bernstein, and have, and they thank me all the time! Theresa

★★★★★ by Theresa Dutko on 2014-06-06

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